

AVP-SYDNEY YOUTH T4F WORKSHOP AGENDA

This agenda is also used with adults with low levels of language and/or reading like newly settled migrants

SESSION 1 DAY 1

1. Welcome and Introductions
2. Connection (Gathering): My name & I want to be a facilitator because
3. Agenda
4. What is the T4F (Opening Talk)
5. Special Name Game (Affirmation Names)
6. Lift (Light & Lively): Big Wind Blows
7. Reflection (Session Reflection)
8. U Choose!!!!
9. Closing: A quality that will support me in facilitating.

SESSION 2

1. Welcome Back!
2. Connection
3. Agenda
4. Brainstorm – What is the difference between a facilitator and a teacher? – *brainstorm demonstration by facilitators*
5. Lift: Pattern Ball
6. Brainstorm Practice
2 groups, run by participants, report back to whole group
 1. What makes a team work?
 2. What are the qualities of a good facilitator?
7. Keys to Transforming Power
Preparation - 2-3 groups design 5-10 minute presentation
8. Reflection
9. Closing: A quality I want to develop through facilitation is

SESSIONS 3

1. Welcome Again!
2. Connection
3. Agenda
4. Keys to Transforming Power
Group Presentations
5. Fishbowl – *facilitators demonstrate an actual Fishbowl*
6. Lift: Here I Sit –
facilitators can speak about the need to be watchful even in a simple lift
7. Reflection & 8 Closing

SESSION 4 DAY 2

1. Welcome Again
2. Connection
3. Agenda
4. Build Teams – *allocate 3 teams, in each team everyone speaks to each point on Team Building Poster*

5. Introduce Manuals and Team Agendas
6. Team Preparation for their Sessions (1-2 hours)
7. Reflection
8. Closing: Something I'm learning about myself from this workshop

SESSIONS 5 and 6

1. Welcome Again!
2. Agenda
3. Green Team Presentation
4. Green Team Fishbowl (Self-assessment) and Feedback
5. Blue Team Session Presentation
6. Blue Team Fishbowl (Self-assessment and Feedback)
7. Red Team Session Presentation
8. Red Team Fishbowl (Self-assessment and Feedback)
9. Reflection & 10 Closing

SESSION 7 DAY 3

1. Welcome Again!
2. Connection
3. Agenda
4. Role Play in T4F
5. Role Play 1 –
each audience participant debriefs and deroles one of the role players
6. Lift
7. Role Play 2 - *as above*
8. Reflection & 9 Closing

ALTERNATIVE SESSION 7

1. Welcome Again!
2. Connection
3. Agenda
4. Facilitation Challenge 1 – Designing a session through building blocks
5. Lift
6. Facilitation Challenge 2 – Issues with difficult participants (for adult participants only)
7. Reflection & 8 Closing

SESSION 8

1. Welcome Again!
2. Connection
3. Agenda
4. Activity (*selected to meet group need*)
5. Ungathering
6. Where to From Here
7. Graduation 8 Web & 9 Closing